

REGISTRATION

The 18th Annual Erin Leah Robarge Memorial Seminar

Rate Includes Lunch

<u>Early Registration:</u>	(Received by November 24)	\$100/person
<u>Regular Registration:</u>	(November 25-December 8)	\$125/person
	3 or more submitted together in the same envelope	\$5 disc./person
<u>Student Rate*:</u>	(Received by November 24)	\$75/person
	(November 25-December 8)	\$100/person
	*Include copy of student ID	
<u>Family Rate:</u>	For 2 members	\$150/2 people
	Each additional member	\$50 ea.

Refund Policy

A \$20 administration fee will be deducted from each refund requested after November 24th. Refunds will not be issued for registrants who fail to show on the day of the workshop without prior notification to the Nutrition Clinic.

Name: _____

Credentials: _____

Agency: _____

Address: _____

City, State, Zip: _____

Home/Cell Phone: _____

E-Mail: _____

Please Enclose Payment with Registration

Check Enclosed in the Amount of \$ _____

Make Checks Payable to The Nutrition Clinic

For Credit Card Registrants: Visa, Mastercard

Name on Card: _____

Card Number: _____

Exp. Date: _____ Billing zip code: _____

Receipt required: Yes No

Treatment of Co-occurring



Eating Disorders & Substance Abuse

Friday, December 8, 2017

Upstate New York Eating Disorder Service
1003 Walnut Street
Elmira, New York 14901

The Nutrition Clinic
1003 Walnut Street
Elmira, New York 14901
Telephone: 607-732-5646 Fax: 607-732-0373

Radisson Hotel
125 Denison Parkway East
Corning, NY 14830

KEYNOTE SPEAKERS

Dr. Kimberly Dennis, MD

"Dr. Kim," as she is known, has been treating addiction, mood disorders, substance use disorders, eating disorders, PTSD and personality disorders for over 10 years, most recently as CEO and Medical Director of Timberline Knolls Residential Treatment Center. She maintains a holistic perspective in the practice of psychiatry by incorporating biological, psycho-social, and spiritual approaches into the individually-tailored treatment programs for each patient. Dr. Kim obtained her medical degree from University of Chicago's Pritzker School of Medicine and completed her psychiatry residency training at the University of Chicago hospitals, where she served as chief resident. During her training, she was part of the multi-disciplinary eating disorders team specializing in treating adolescents and their families. She is a member of the AMA, Academy for Eating Disorders, American Academy of Addiction Psychiatry, and American Society for Addiction Medicine. She is also on the editorial board of Eating Disorders: the Journal of Treatment and Prevention. Dr. Kim contributes regularly to news organizations and websites (ABC, CNN, Huffington Post, Chicago Tribune, Boston Globe, WebMD) and professional magazines (Addiction Professional and Behavioral Healthcare). She was recently featured on TLC's "My Strange Addiction" and ABC's "20/20."



Linda Lewaniak, LCSW, CAADC

Linda recently joined the Eating Recovery Center (ERC Insight) in Chicago as Program Director of Integrated Services. She is responsible for the integration of Addiction Services across all programs and levels of care to most effectively treat the co-occurring diagnosis of substance abuse. She collaborates closely with ERC's 25 treatment facilities nationwide to ensure holistic integration of addiction treatment, and provides substance abuse education, training and development for mental health professionals, educators and community resources. Linda has more than 25 years of experience in the treatment of chemical dependency and comorbid mental illnesses. She served as director-level of clinical and operations at Alexian Brothers Behavioral Health Hospital for 15 years and prior to that was Clinical Director for the Center for Addiction Medicine at Alexian Brothers, managing PHP and IOP levels of care. Linda also has a private practice and has served as an adjunct faculty member at Argosy University's School of Professional Psychology in Orange, California.



SCHEDULE

8:00-8:30am
Registration

8:30-8:45am
Welcome

Carolyn Hodges Chaffee, MS, RDN, CEDRD
Andrew Seubert, LMHC, NCC

8:45-11:45am
"All Paths Lead to..."
Dr. Kim Dennis, MD

This presentation will explore the brain pathways involved in addictions and the similarities with the eating disorder brain. In addition, applying the biology of substance abuse, eating disorders, and emotion dysregulation to treatment and the use of psychopharmacology will be discussed.

11:45-1:00pm
Lunch

1:00-1:30pm
"Stop the Whack-a-Mole, the Need for
Integrated Treatment"
Michael Kettle, CASAC, RN

This presentation will look at the challenges and limitations of the current treatment models of both substance use and eating disorders.

1:30-3:45pm
"Addressing the Process: Treating Co-Occurring
Eating Disorders and Substance Use"
Linda Lewaniak, LCSW, CAADC

This presentation will look at the similarities and differences between the substance use disorder and eating disorders. Treatment components that are necessary for treating both disorders will be explored as well as barriers to treatment. Considerations for programs treating these issues together and how to keep the individual and family focused on healing and recovery will be explored.

3:45-4:00pm
Questions & Answers

ABOUT THE WORKSHOP

Until recently, eating disorders and substance abuse were usually treated separately. Many clinicians specialize in one area, but feel uncomfortable treating those that struggle with the other. Treatment centers have also been challenged with designing and implementing programs that treat co-occurring eating disorders and substance abuse. According to the National Center on Addiction and Substance Abuse, up to one half of individuals with eating disorders abuse alcohol or illicit drugs compared with 9% of the general population and 35% of alcohol or illicit drug users have eating disorders compared with 3% of the general population.

This conference will explore the role of the brain, genetics, exposure to trauma, cultural and environmental influences, which all can contribute to the complexity of those that struggle with co-occurring eating disorders and substance abuse. How can clinicians effectively treat this patient population at all levels of care? Beginning with prevention, shared risk factors and characteristics, early identification, integration of treatment, and recovery maintenance, methods used to foster long-term recovery will be presented.

Erin Leah Robarge
10/4/76-2/8/00

Erin struggled with an eating disorder for more than half her life. Yearly, we honor her memory with this conference to increase awareness and promote eating disorder education.

Sponsors

Upstate New York Eating Disorder Service
Nutrition Clinic and Sol Stone Center
607-732-5646 unyed.com

ClearPath Healing Arts Center
607-962-8309 clearpathhealingarts.com

Ophelia's Place
315-451-5544 opheliasplace.org

Conifer Park
800-989-6446 coniferpark.com

Eating Recovery Center
877-920-2902 info@eatingrecoverycenter.com

Continuing Education Credits

This seminar is approved for 6 hours of CASAC credits.